

Main Street January

Lunch Menu

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

All student meals include:

- One Entrée choice
- Fruit choice
- Vegetable Choice
- Breads/Grains
- Milk

(Occasionally we offer an extra item such as breadstick, low-fat cookie, or whole grain chips.)
Menu Subject to change based on availability

2 No School Winter Break	3 No School Winter Break	4 No School Winter Break	5 No School Winter Break	6 No School Winter Break
9 Baked Rigatoni w/ Sausage & Peppers Cauliflower Feta, Grape, & Walnut Salad Deli Line Clam Chowder	10 Chicken w/ Sprouts & Pea Pods served w/ Brown Rice Mixed Green Salad Asian Pasta Salad Cheese or Pepperoni Pizza Chicken Wild Rice Soup	11 Roasted Chicken Dinner w/ Mashed Potatoes & Gravy Cooked Carrots Spring Greens with Cranberry Vinaigrette Dressing Deli Line Vegetable Beef Barley Soup	12 Pasta w/ Meat Sauce & Vegetables Buffalo Chicken Salad Cheese or pepperoni pizza Amish Chicken Noodle Soup	13 Chicken Tenders w/ Roasted Red Potatoes Chef Salad Deli Line Chef's Choice Soup
16 No School Martin Luther King Jr. Day	17 <u>Late Start</u> Coconut Curry Shrimp w/ Brown Rice Mixed Green Salad Asian Pasta Salad Cheese or Pepperoni Pizza Chicken Wild Rice Soup	18 Pulled Pork Sandwich w/ Wilbur Beans Spring Greens with Cranberry Vinaigrette Dressing Deli Line Vegetable Beef Barley Soup	19 Lasagna w/ Vegetables Buffalo Chicken Salad Cheese or pepperoni pizza Amish Chicken Noodle Soup	20 Chicken Suqaar w/ Brown Rice Caribbean Blend Vegetables Chef Salad Deli Line Chef's Choice Soup
23 Garlic Asparagus w/ Pasta & a Lemon Cream Sauce Cooked Carrots Feta, Grape, & Walnut Salad Deli Line Clam Chowder	24 Beef Bulgogi w/ Brown Rice Mixed Green Salad Asian Pasta Salad Cheese or Pepperoni Pizza Chicken Wild Rice Soup	25 Baked Ham Dinner w/ Brussels Sprouts & Au Gratin Potatoes Spring Greens with Cranberry Vinaigrette Dressing Deli Line Vegetable Beef Barley Soup	26	27
30 Baked Rigatoni w/ Sausage & Peppers Cauliflower Feta, Grape, & Walnut Salad Deli Line Clam Chowder	31 Chicken w/ Sprouts & Pea Pods served w/ Brown Rice Mixed Green Salad Asian Pasta Salad Cheese or Pepperoni Pizza Chicken Wild Rice Soup			

Lactose free milk can be available for students by completing a request form. Forms are available in the main office.

Lunch Prices: Full Price: \$2.80; Reduced: \$0.40; Free: \$0.00; Extra Milk: \$0.50
 *Must have SY 11-12 approved application and the students must choose a *reimbursable meal* to qualify for meal benefits.
 If a student chooses to bring a meal from home, they must pay for their carton of milk which costs \$0.50; meal benefits DO NOT apply.
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